

FREWVILLE PASADENA

FOODLAND

Mr Nick's Takeaway Menu



PASADENA FOODLAND

20 Fiveash Drive | P 8490 3000

FREWVILLE FOODLAND

177 Glen Osmond Road | P 8490 2800

Orient Bar

Pad Thai Noodle

Thai rice noodles, chicken, prawn, chilli, nuts.

\$17

Choo Chee Chicken with Rice

Chicken breast, Thai red curry, coconut milk, Thai basil.

\$17

Shredded Coconut Chicken Salad

Shredded chicken, toasted coconut, Asian greens, red cabbage, Thai dressing.

\$15

Soba Noodles with Nashi Pear Salad (VE)

Organic soba noodles, Nashi pear, carrot, soy, sesame dressing.

\$12

Peking Duck Whole

\$27

Peking Duck Half

\$18

Italian Kitchen

Beef Lasagne

Single serve

Family (4 serves)

\$10

\$30

Ricotta & Spinach Cannelloni (VG)

Single serve

Family (4 serves)

\$10

\$30

Sicilian Style Rigatoni Alla Norma (VG)

E \$9 M \$13

Napoli sauce, fried eggplant, fresh basil, provolone cheese.

Pappardelle Chicken Alla Cacciatore

E \$11 M \$17

Chicken, tomato, olives, mushroom sauce.

Housemade Tagliatelle with Rustic Style Ragout

E \$12 M \$19

Slow braised lamb ragout, roasted chestnuts, seeded mustard.

Penne with Confit Braised Duck

E \$12 M \$19

Slow confit braised duck legs, creamy wild Australian saltbush, fresh herbs.

Oceanic Bar

Today's Line-caught Fish Fillet Served with Chips and Salad

Fish of the day, grilled, crumbed, beer battered, 2 pieces with chips, tartare, lemon & salad

\$24

Southern Calamari Served with Chips and Salad

Buttermilk soaked calamari chargrilled with chips & salad

\$24

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Beer 6 Packs

Coopers Pale Ale (SA)

\$21.99

Peroni Rossa (Italy)

\$21.99

Asahi Superdry

\$22.99

The Hills Apple Cider

\$16.99

Coopers Light

\$18.99

Prancing Pony Red Ale

\$31.99

Sparkling

\$10

La Prova Prosecco

\$22.00

\$30

Leconfield 'Syn' Cuvee Blanc

\$18.50

White Wine

Sevenhill 'Inigo' Riesling

\$22.00

Guthrie 'The Mondo Project' Sauv Blanc

\$19.50

La Prova Pinot Grigio

\$22.00

Mt Lofty Vineyards "Old Apple Block" Chardonnay

\$26.50

Rose

Vigna Bottin Sangiovese Rosato

\$22.00

Red Wine

Mediterrane Sangiovese

\$23.50

Camporisino Chianti

\$26.50

Spinifex 'Papillon' Grenache & Cinsault

\$27.00

Koltz 'Dog Day' Shiraz

\$19.50

Breakfast *Available all day*

Ham and Cheese Croissant	\$6
Kangaroo Island Bruschetta (VE)	\$12
Mr Nick's sourdough grilled & topped with diced tomato, fresh basil Kangaroo Island fig syrup & sprinkled with Kangaroo Island chilli salt. GF bread also available.	
Mr Nick's Breakfast Wrap (VG)	\$14.50
Mr Nick's favourite flavours now rolled up for takeaway! Flatbread, fried egg, beetroot hummus, avo, grilled haloumi & pickles	
Smashed Avocado and Goat's Fetta (VE)	\$14
Smashed avo, goat's cheese fetta, mint on Mr Nick's sourdough or GF bread. Add smoked salmon \$5. Add portobello mushroom \$4.	
Breakfast Muffin - Salmon or Bacon	\$6.50
Beerenberg relish, baby spinach, salmon or bacon, egg & cheese	
Mr Nicks Breakfast Roll	\$9
Bacon & egg with tomato relish in a house-baked brioche bun Add a small coffee \$1	
Fresh Pastries from Our Bakery	\$4.50
Daily selection of pastries baked from scratch by our in-house bakers. Add a small coffee \$1.50	
Sweetcorn and Fetta Fritter (VG)	\$7
Broccoli and Haloumi Fritter (VG)	\$7
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ALLERGEN DISCLAIMER: When ordering please let our friendly staff know of any food allergies you may have. This will ensure the greatest of care can be taken in preparation of your meal. Whilst we endeavour to meet your dietary requirements, our pre made products may be produced on equipment that may contain traces of allergen containing ingredients. Therefore we cannot give a guarantee that these products are free from traces of allergens.	
VE - Vegan : VG - Vegetarian	

Mr Nick's Salads *Small, medium or large. And ask about our daily salads!*

Bow Tie Pasta with Rocket Salad (VG)	S \$4 M \$7 L \$9
A Mediterranean-inspired salad with bow tie pasta, fresh rocket, pesto, walnuts and cherry tomatoes	
Asian Slaw with Peking Duck	S \$4 M \$7 L \$9
House-roasted duck with Chinese cabbage, hoisin sauce & crunchy noodles.	
Stir Fried Noodles with Pork Salad	S \$4 M \$7 L \$9
Hokkien noodles and our house-roasted pork combined with fresh vegetables and herbs in this flavour-packed stir fry salad.	
Vietnamese Coleslaw Salad (VG)	S \$4 M \$7 L \$9
A combo of red and white cabbage, capsicum, spring onions & Asian herbs.	
Fried Rice Salad	S \$5 M \$8 L \$10
Capsicum, pork, baby corn, carrot & Asian green vegetables.	

Wraps, Panini, Piadina & Soup

Soup of The Day and Lunch Roll	\$7
Choose from two different soups every day	
Daily Wraps	\$9.50
Selection includes salmon, roasted vegetables, turkey cranberry & brie, ham	
Mr Nick's Focaccia	\$12
A generous focaccia filled with your choice of beef or chicken schnitzel with lettuce & mayonnaise	
Daily Panini	
Our panini baked in-house daily, selections include:	
Chicken, lettuce, mayonnaise, avocado	\$10
Jamon, baby spinach, Buffalo mozzarella, tomato, red onion	\$12

Mr Nick's Favourites

Mr Nick's Moussaka	
Single serve	\$10
Family (4 serves)	\$30
Mr Nick's Greek Stuffed Capsicum (VE)	\$8
<i>Mr Nick's Rotisserie & Grill</i>	
BBQ Chicken with Stuffing	\$10
Free Range Large Chicken with Stuffing	\$13
Whole Rotisserie-fired Peri Peri Chicken	\$11
Tuscan-Herb marinated Chicken (Half)	\$9
Roast of the Day with Vegetables or Salad	\$16
Your choice of either rotisserie-fired porchetta, Moroccan marinated lamb or roasted beef served with two vegetables or salad	
Rotisserie Roll with Slaw and Monterey Jack	\$10
House-baked roll stuffed with either porchetta, roasted beef or Moroccan-marinated lamb topped with slaw & Monterey Jack cheese	
Hot Chips	
Small	\$4
Medium	\$8
Large	\$12
Wagyu Burger with Chips	\$18.50
Tender, juicy wagyu beef patty, smoked Barossa bacon, Monterey Jack Cheese, tomato, lettuce, Beerenberg chutney with fries	
Southern Chicken Burger with Chips	\$18.50
Crispy, fried free-range chicken with Monterey Jack cheese, housemade slaw & chipotle mayonnaise with fries	
Vegan Burger with Chips	\$18.50
Kids Cheeseburger with chips	\$10